

EXERCISES: MY TRILLS STINK!

BRUCE HEMBO 2008

TRILL CHART - SUGGESTED FINGERINGS:

HORN IN F

Trill Chart for Horn in F:

Trill	Suggested Fingerings
G4-A4	FH: 1+2, 2+3, 1+2, 1, 2 or 1+2, 0
F4-G4	B-FLAT: 2+3, 1+2, 1, 2, 0, 2 or 1+2, 0

PART 1: "KICK START" ♩ = 60 - 76

"FLIP" THE NOTES AS QUICKLY AS POSSIBLE. BASICALLY A CONTROLLED "CLAM." USE THE SUGGESTED FINGERINGS.

"SINGLE KICK"

(A)

Trill Exercises:

- FH: 1 + 2
- FH: 2 + 3
- FH: 1 + 2
- FH: 1
- FH: 2
- FH: 0

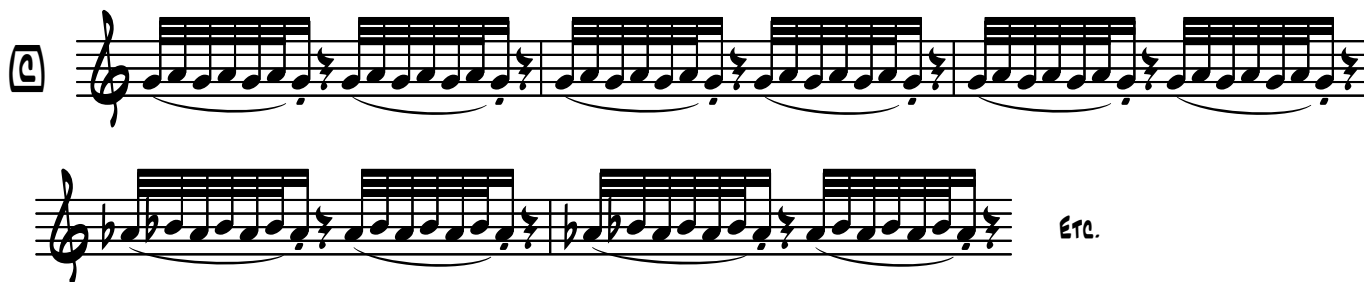
(CONTINUE THIS PATTERN, CYCLING THROUGH THE TRILL CHART)

"DOUBLE KICK"



(CONTINUE THIS PATTERN, CYCLING THROUGH THE TRILL CHART)

"TRIPLE KICK"



ETC.

PART II: FINDING THE WIGGLE ROOM ♩ = 72-86

BEND THE NOTES SLOWLY INTO EACH OTHER, BLURRING THE LINES. USE THE TRILL CHART FINGERINGS.



ETC.

PART III: SPEED UP & SLOW DOWN

A

B

(CONTINUE THIS PATTERN, CYCLING THROUGH THE TRILL CHART)

PART IV: EXTREME TECHNIQUES

BASED ON EXERCISES FROM FARKAS & ARBAN - DEVELOPING THE "FLIP" BEYOND A WHOLE STEP. USE THE SUGGESTED FINGERINGS.

A

FH: 1 + 3

FH: 2 + 3

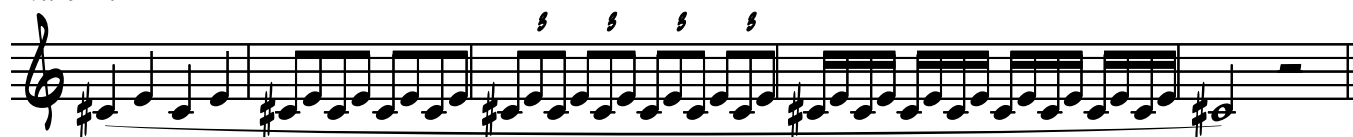
FH: 1 + 2

FH: 1

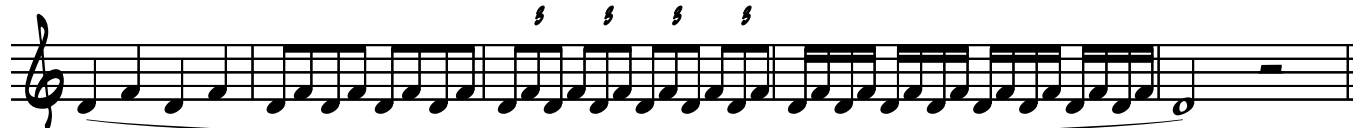
FH: 2



FH: 2 + 3



FH: 1 + 2



FH: 1



FH: 2 + 3



FH: 1 + 2



FH: 1



FH: 2



FH: 1 + 3



FH: 2 + 3



FH: 1 + 2

Q "LONG TONE" TRILLS

pp **ff** (CYCLE THROUGH THE TRILL CHART)

pp **ff** (CYCLE THROUGH THE TRILL CHART)

pp **ff** (CYCLE THROUGH THE TRILL CHART)

pp **ff** **pp** (CYCLE THROUGH THE TRILL CHART)

GENERAL SUGGESTIONS:

BY NO MEANS ATTEMPT TO PRACTICE ALL THESE TECHNIQUES IN ONE SESSION. PICK AND CHOOSE 2 OR 3 EXERCISES TO DO IN ONE SITTING. ROTATE EXERCISES WITH EACH PROGRESSIVE PRACTICE SESSION.

"ROME WAS NOT BUILT IN A DAY," THE OLD SAYING GOES. LIP TRILLS ARE PROBABLY ONE OF THE MORE DIFFICULT HORN TECHNIQUES TO LEARN. BE PATIENT AND DILIGENT IN DEVELOPING A LOGICAL AND REASONABLE PLAN,

LET THE "FLIP" BETWEEN THE NOTES OCCUR NATURALLY. DO NOT FORCE THE TRILL MOTION OR SPEED. BE PATIENT.